

Hemorrhage Control

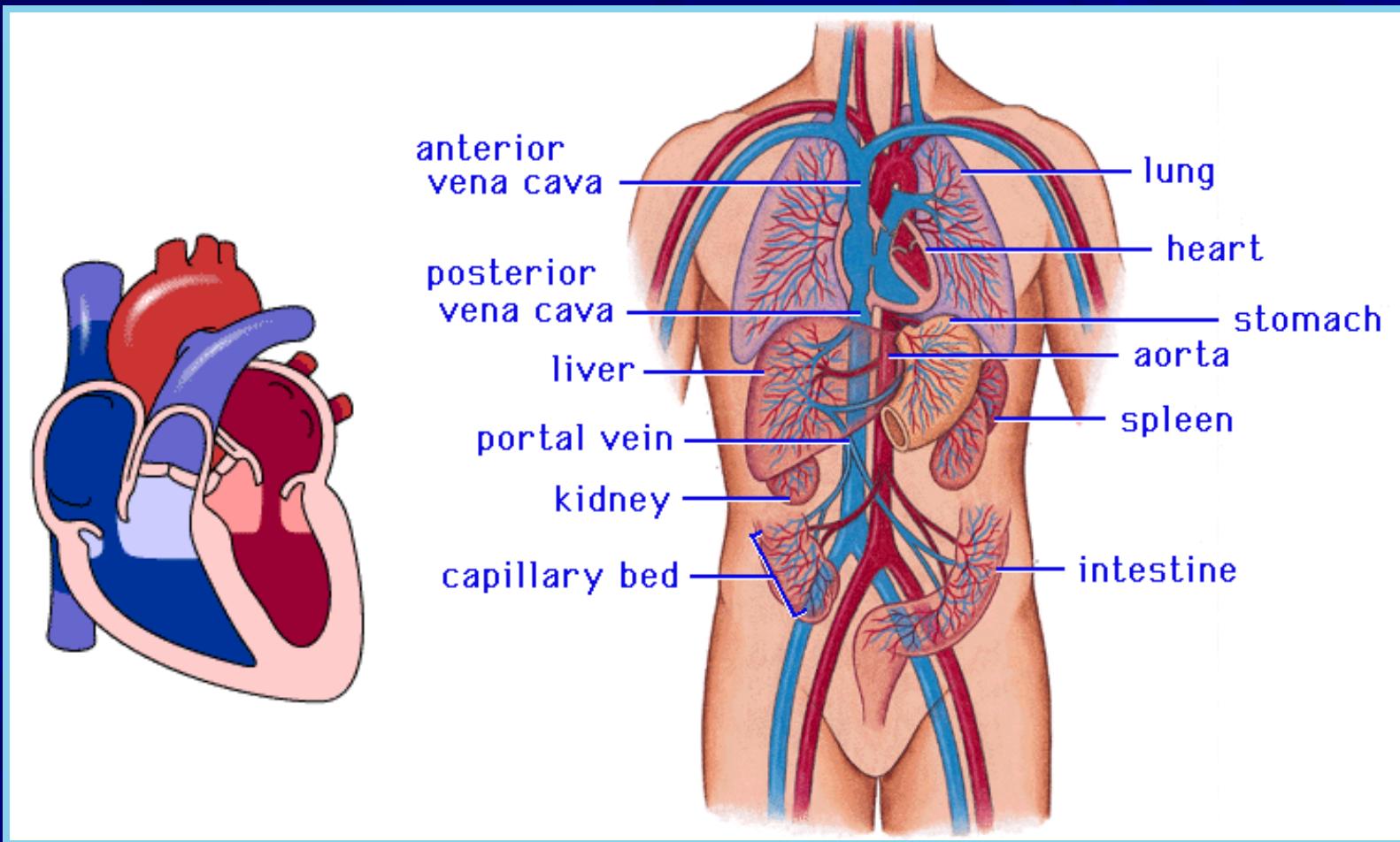


COMBAT MEDIC ADVANCED SKILLS TRAINING (CMAST)

Introduction

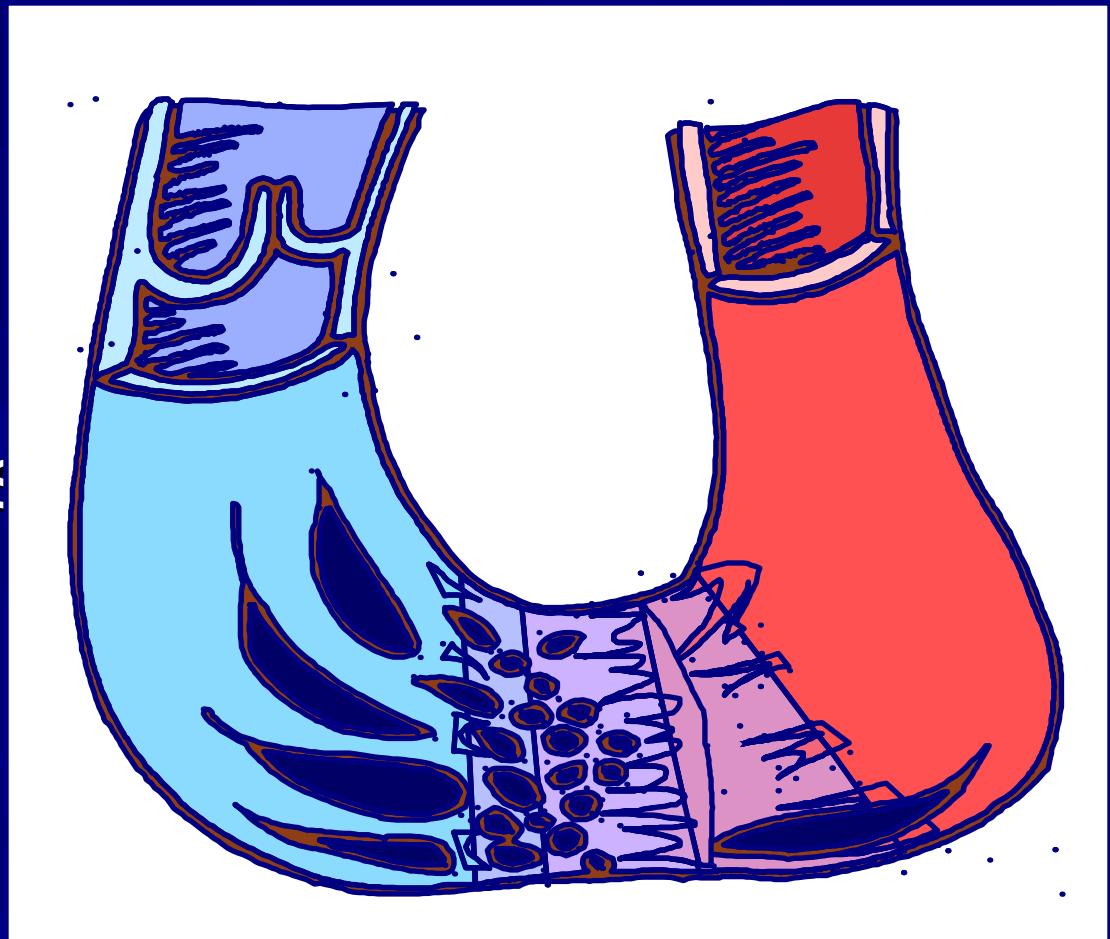
- Review methods of hemorrhage control in a tactical environment.
- Hemorrhage is the leading cause of preventable death on the battlefield.
- Hemorrhage control save lives.
- New Hemostatic agents available.

Cardiovascular System



Blood Vessels

- Arteries
- Arterioles
- Capillaries
- Venules
- Veins



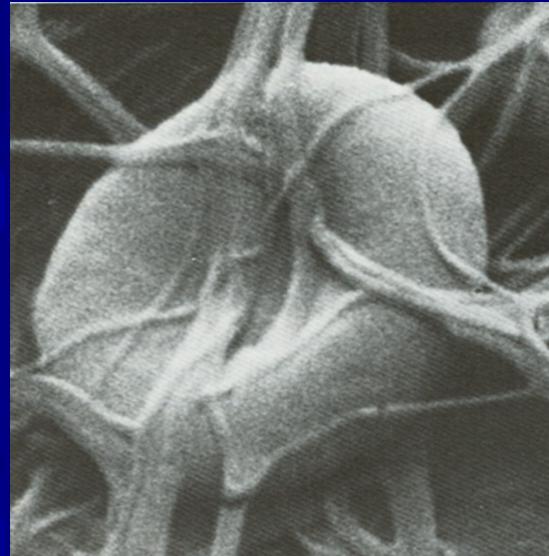
Pulses

- Left ventricle contracts.
- Peripheral pulses:
 - Radial
 - Brachial
 - Posterior tibial
 - Dorsalis pedis
- Central pulses:
 - Carotid
 - Femoral



Blood

- Adult body:
 - Contains approximately 5 to 6 liters of blood
 - Loss of 1 pint of blood without harmful effects
 - Loss of 2 pints may cause shock
- Three phases of hemostasis:
 - Vascular spasm
 - Platelet plug formation
 - Blood clotting
(coagulation cascade)



Hemorrhage

- Pulse vs. Blood Pressure.
- How long until there are changes?
- Young healthy adults compensate for long periods, then decompensate rapidly.
- At what blood pressure do casualties lose consciousness?
 - @ 50 mm Hg

Clinical Signs of Acute Hemorrhage

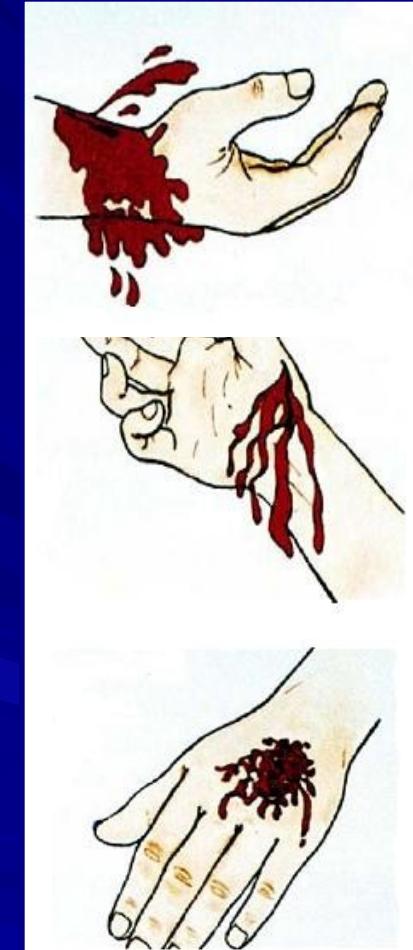
Class	% Blood Loss	Clinical Signs
I	Up to 750 ml (15%)	Slight increase in HR; no change in BP or respirations
II	750-1500 ml (15-30%)	Increased HR and respirations; increased diastolic BP; anxiety, fright or hostility
III	1500-2000 ml (30-40%)	Increased HR and respirations; fall in systolic BP; significant AMS
IV	>2000 (>40%)	Severe tachycardia; severe lowering of BP; cold, pale skin; severe AMS

Sources of Hemorrhage

- External:
 - Visible blood is hard to estimate
- Internal:
 - May be hidden within the torso or even in the extremities secondary to fractures

Sources of External Bleeding

- Arterial:
 - Rapid, profuse and pulsating
 - Bright red in color
- Venous:
 - Steady flow
 - Dark red or maroon in color
- Capillary:
 - Slow and oozing
 - Often clots spontaneously



Extremity Hemorrhage



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Internal Signs of Hemorrhage

- Soft tissue bruising.
- Abdominal tenderness.
- Hemoptysis.
- Hematemesis.
- Melena.



Injured Internal Organs



Hemorrhage Control

- Assess the tactical situation.
- Expose the wound.
- Attempt to control the bleeding with direct pressure or a pressure dressing.



THE EMERGENCY BANDAGE

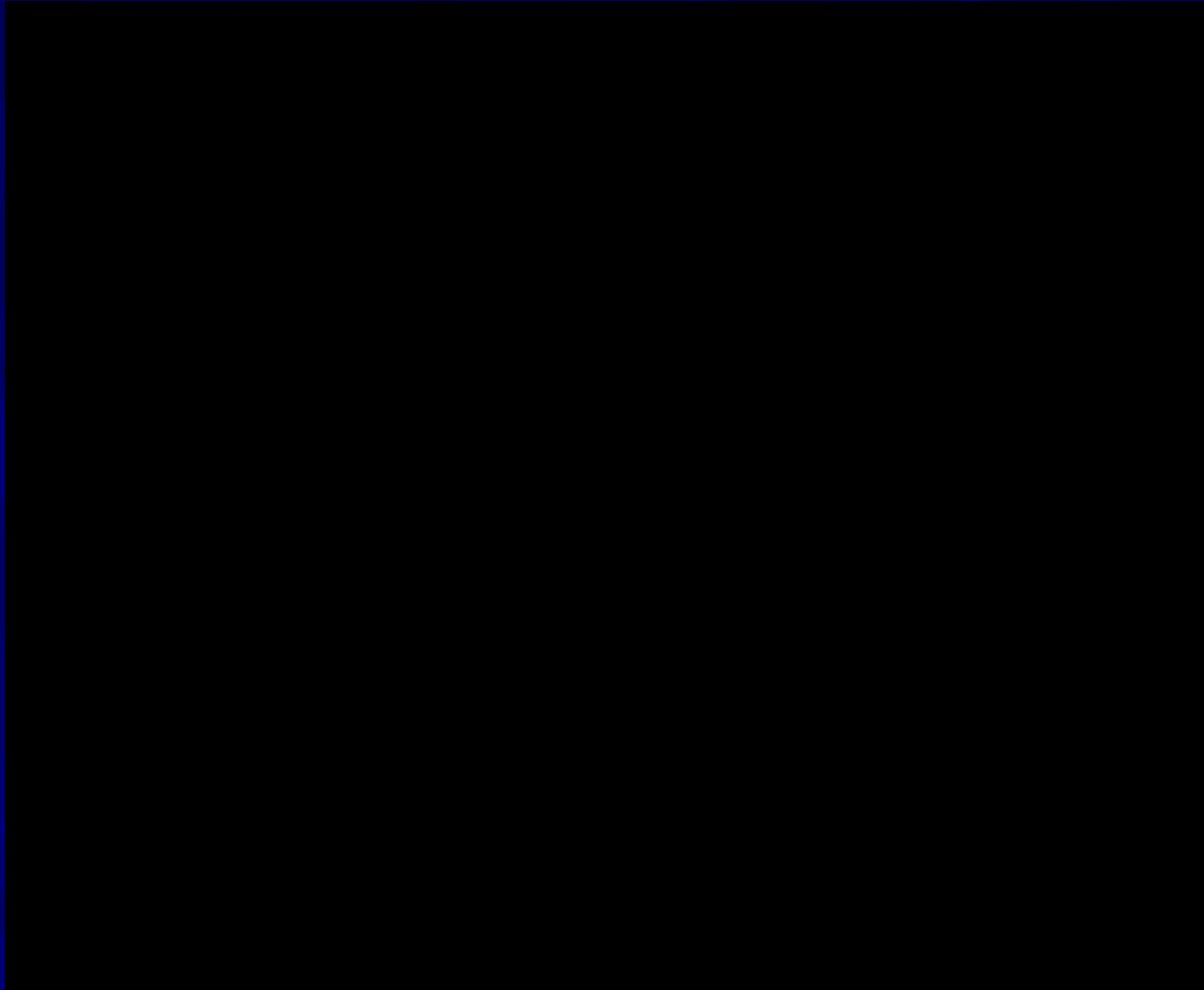


Trauma / Wound Compression Dressing

The Emergency Bandage is the first major innovation
of its kind in over 50 years!

- ◆ NSN # 6510-01-460-0849 - FCP-01 - 4"
- ◆ NSN # 6510-01-492-2275 - FCP-02 - 6"
- ◆ NSN # 6510-01-515-7528 - FCP-05 - 6"+mobile pad

Hemorrhage Control



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Hemorrhage Control

- Life-threatening arterial bleeding (amputation) may require early use of a tourniquet.
- If under enemy fire or in a dangerous position rapidly apply a tourniquet and move casualty to cover.

Tourniquets

- Several new tourniquets have been selected as primary means to control hemorrhage in combat.



Combat Application Tourniquet

- The C-A-T was selected as the primary tourniquet for every soldier.



C-A-T Step 1



Place the wounded extremity through the loop of the Self-adhering Band

C-A-T Step 2



Place tourniquet
above the injury
site

C-A-T Step 3

Pull the free-running end of the Self-adhering Band tight and securely fasten it back on itself.



C-A-T Step 4

Adhere Self-adhering Band completely around the limb until the clip is reached.



C-A-T Step 5

Twist the
Windlass Rod
until the
bleeding has
stopped.



C-A-T Step 6

Lock the Rod in place with the Windlass Clip



C-A-T Step 7



For small extremities, continue to adhere the Self-adhering Band around the extremity and over the Windlass Rod.

C-A-T Step 8

**Grasp the
Windlass Strap,
pull it tight, and
adhere it to the
velcro on the
Windlass Clip.**



C-A-T Tourniquet



The C-A-T Tourniquet is now ready for transport.

C-A-T Tourniquet

NOTE:

The friction adaptor buckle is not necessary for proper C-A-T application to an arm. It MUST be used with two hands when applying to a leg.



C-A-T: Lower Extremity

To use, wrap the Self-adhering Band through the friction adaptor buckle.



C-A-T: Lower Extremity

This prevents the Self-adhering Band from loosening during transport.



C-A-T Tourniquet

C-A-Tourniquet
Arm Application

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C-A-T: Lower Extremity

C-A-T
Technique
Application

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SOFTT



SOFTT Application

- Similar to the CAT:
 - Slide loop over extremity
 - Pull strap tight
 - Twist windlass until bleeding stops
 - Latch the windlass with one of the tri-rings
 - Tighten the safety screw



SOFTT Application



One-handed application



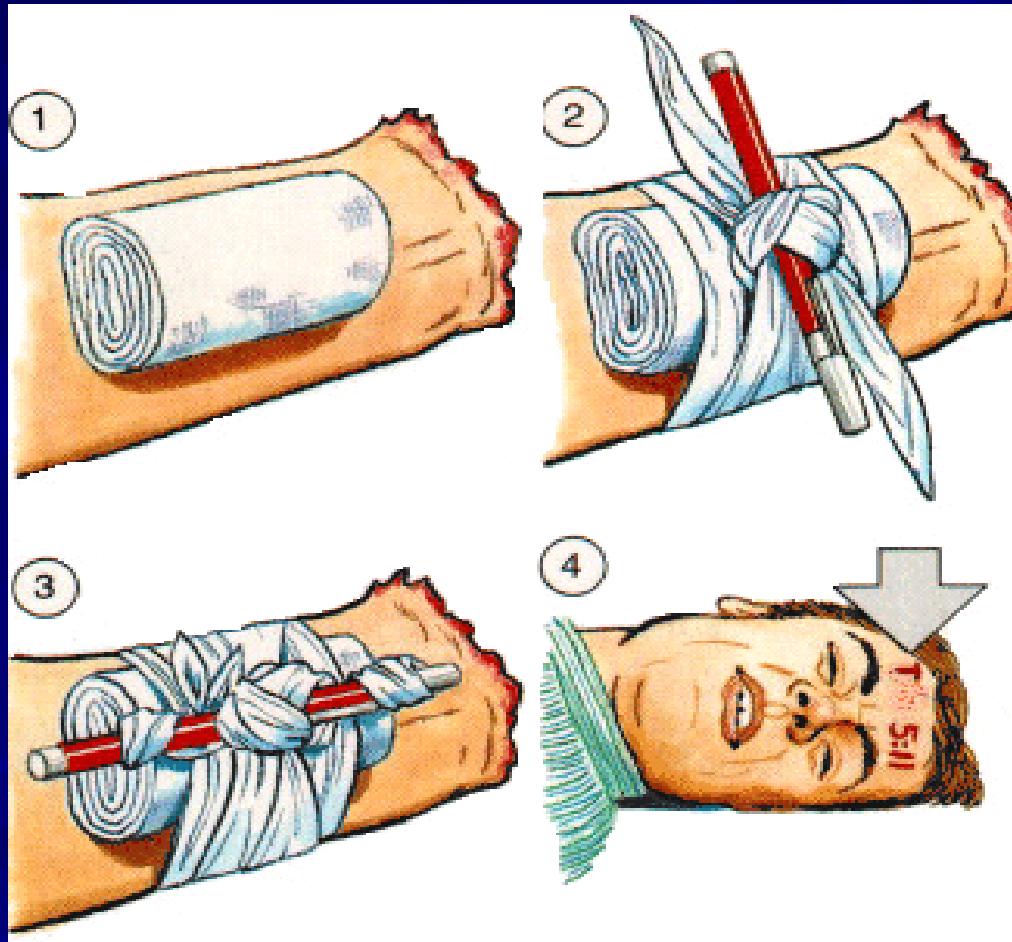
Two-handed application

Improvised Tourniquet

- Place cravat between heart and wound.
- Tie a half-knot on upper surface.
- Place a short stick on half-knot.
- Tie a square knot on top of stick.
- Twist stick (windlass) to tighten.
- **UNTIL BLEEDING STOPS.**
- Secure windlass to prevent unwinding.



Improvised Tourniquet



Tourniquet Principles

- Never cover a tourniquet.
- Mark a “T” on the casualty's forehead or somewhere obvious (sharpie pen).
- In combat when the tactical situation allows, loosening a tourniquet is appropriate.

Tourniquet Removal

- Once the tactical situation allows, tourniquets should be loosened and other methods to stop bleeding applied.
 - Direct pressure - pressure dressing
 - HemCon Chitosan Bandage
 - QuikClot powder

Tourniquet Removal

- When loosening a tourniquet, do not remove it from the limb.
- If the tourniquet has been in place for > 6 hours, do not remove.
- If fluid resuscitation is required, it should be accomplished before the tourniquet is removed.
- Tourniquets are very painful, provide pain medications as needed.

Tourniquet Removal

- If tourniquet has been in place for only 1-2 hours, loosening and using other methods to control hemorrhage can salvage limbs.
- Remember: if unable to control hemorrhage by other means, re-tighten the tourniquet.
- It is better to sacrifice the limb than to lose a life to hemorrhage.

Amputation

- Apply a pressure dressing to cover the end of the stump.
- Kerlix and 6" Ace wrap for effective pressure dressing.
- Rinse amputated part free of debris.
- Wrap loosely in saline-moistened sterile gauze.

Preservation of Amputation Parts

- Seal amputated part in a plastic bag or cravat.
- Place in a cool container; do not allow to freeze.
- Never place an amputated part in water.
- Never place amputated part directly on ice.
- Never use dry ice to cool an amputated part.

Hemostatic Agents

- HemCon® Chitosan Bandage.
- QuikClot® Hemostatic Powder.

Chitosan Hemostatic Dressing



- Hold the foil over-pouch so that instructions can be read. Identify unsealed edges at the top of the over-pouch.

Chitosan Hemostatic Dressing



- Peel open over-pouch by pulling the unsealed edges apart.

Chitosan Hemostatic Dressing



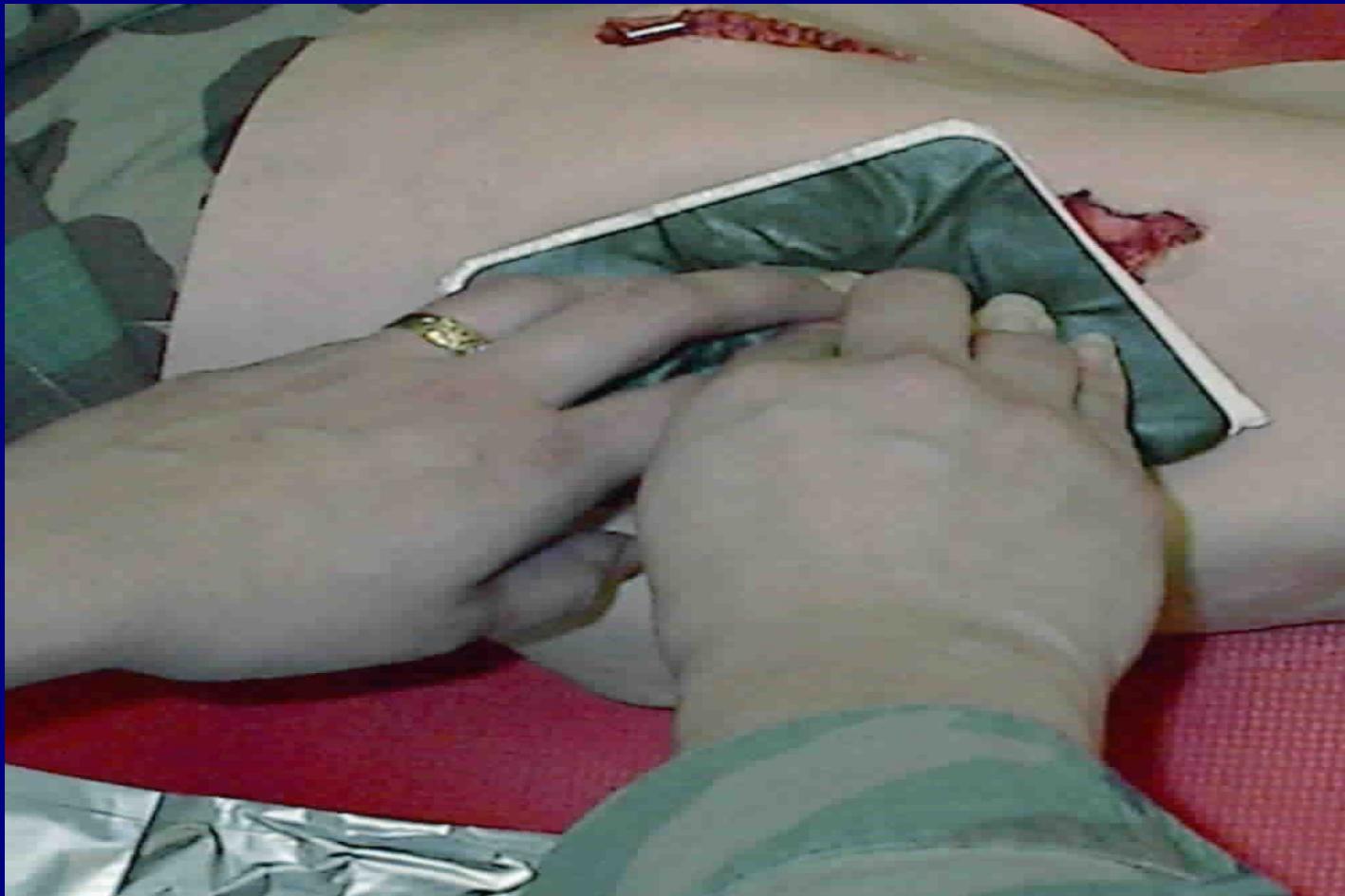
- Trap dressing between bottom foil and non-absorbable green/black polyester backing with your hand and thumb.

Chitosan Hemostatic Dressing



- Hold dressing by the non-absorbable polyester backing and discard the foil over-pouch. Hands must be dry to prevent dressing from sticking to them.

Chitosan Hemostatic Dressing



Chitosan Hemostatic Dressing

- Place the light colored sponge portion of the dressing directly to the wound area with the most severe bleeding. Apply pressure for 2 minutes or until the dressing adheres and bleeding stops. Once applied and in contact with the blood and other fluids, the dressing cannot be repositioned.
- A new dressing should be applied to other exposed bleeding sites; each new dressing must be in contact with tissue where bleeding is heaviest. Care must be taken to avoid contact with the casualty's eyes.

Chitosan Hemostatic Dressing

- If dressing is not effective in stopping bleeding after 4 minutes, remove the original and apply a new dressing. Additional dressings cannot be applied over ineffective dressings.
- Apply a battle dressing/bandage to secure a hemostatic dressing in place.
- Hemostatic dressings should only be removed by responsible persons after evacuation to the next level of care.



Chitosan HCD Porcine Abdominal Aorta Punch

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CMAST

◀ TEAR HERE

TEAR HERE ▶

QuikClotTM

Adsorbent Hemostatic Agent

Controls Moderate to Severe Blood Loss
by Promoting Coagulation

For Emergency/External Use

as a

Temporary Traumatic Wound Treatment
To Stop Moderate-to-Severe Bleeding

... SEE DIRECTIONS ON BACK ...

Z-MEDICA

1000 Washington, GA 30111 • www.z-medica.com



QuikClot

- Warning: Avoid contact with wet skin; product reacts with small amounts of water and can cause burning.
- Stop burning by brushing away granules and flooding area with large volume of water.
- If ingested, immediately drink two or more glasses of water.

QuikClot

- Directions:
 - 1-Apply direct firm pressure to wound using sterile dressing or best available substitute
 - 2-If bleeding is stopped or nearly stopped after approximately 1 minute of pressure, wrap and tie bandage to maintain pressure on wound
 - 3-If moderate to severe bleeding continues, hold pack away from face and tear open at tabs

QuikClot

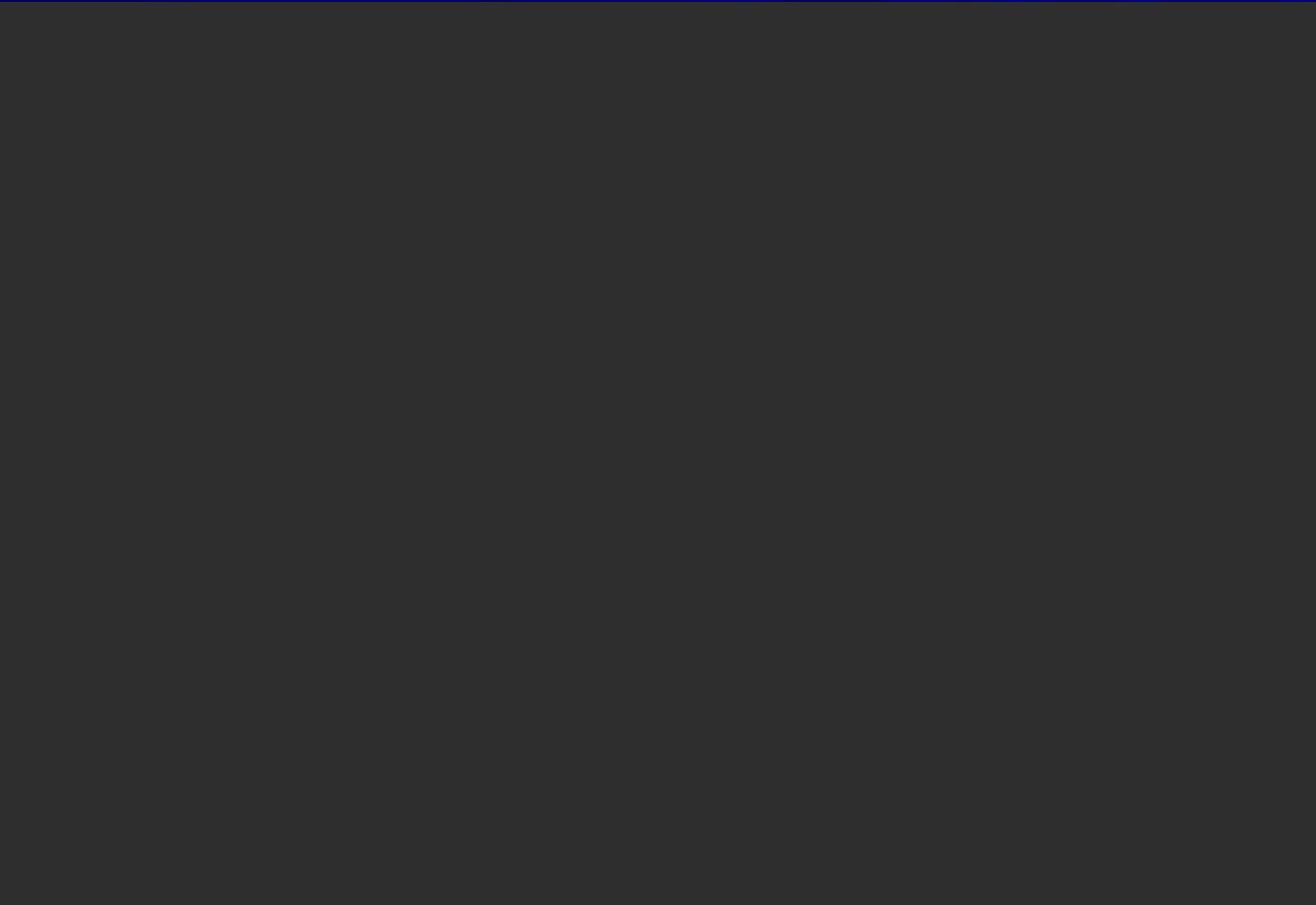
4-Use wiping motion to remove gauze and excess blood - immediately start a slow pouring of one QuikClot packet directly onto the wound. Stop pouring as soon as dry granules cover the wound area

5-Use only enough QuikClot to stop bleeding. If bleeding continues open a second packet of QuikClot and continue to use as directed

QuikClot

6-Reapply firm pressure to QuikClot covered wound using sterile gauze. Wrap and tie bandage to maintain pressure

QuikClot



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60

Treatment Goals

- Hemorrhage control continues to be the priority in battlefield care.
- Hemorrhage is the leading cause of preventable death on the battlefield.
- Our focus must be on stopping soldiers from bleeding to death on the battlefield.

Questions?

